

# Teplicka 10 run 2021 - regulations

## 2 nd edition

**November, 14th 2021, Teplice nad Metují, Czech republic**

**Organizer:** Sport club REDPOINT TEAM, Horní 13, 549 57 Teplice nad Metují  
phone: +420 491 581 042, e-mail: [redpoint@seznam.cz](mailto:redpoint@seznam.cz)

**Race office:** Teplice nad Metují – swimming pool

**Application:** to November, 6th on-line on [www.sportchallenge.cz](http://www.sportchallenge.cz) for basic start fee, last moment application for higher start fee on November, 14st only from 9.00 a.m. to 10.30 a.m. in the Race office.

**Charge:** adults 200 CZK (8 EUR), youth 50 CZK (2 EUR). **This price is valid only when you will pay till November, 6th on bank account** (you will receive details by e-mail after login) **or cash in the sport shop Redpoint.** Last moment application by registration is about 100 CZK (4 EUR) more (adults), resp. 50 CZK (2 EUR) more (youth).

**Start:** Swimming pool - 11.00 a.m.

**Accommodation:** Infocentrum Teplice n. Met. – tel. 491 581 197

**Showers:** Sport centre (behind the school)

**Medical service:** Červený kříž Teplice nad Metují

**Race track:** Official measured 10 km long fast track with turnaround in Adršpach has minimum elevation and is rund around the river Metuje. First and last one km is on asphalt road. The youth track is 3 km long with turnaround by the autocamping Bučnice.

**Best time:** 33:27 / David Plný (2020)

**Bonus:** 1000 CZK for new best time

**Protests:** within 10 minuts after publication unofficial results with 500 CZK deposit.

**Awards Cremony:** 13.00 a.m.

- men absolutely: 1st / 3000 CZK, 2nd / 2000 CZK, 3rd / 1000CZK + cups
- women absolutely: 1st / 1500 CZK, 2nd /1000 CZK, 3rd / 500 CZK + cups
- youth men absolutely: 1st / 500 CZK, 2nd / 300 CZK, 3rd / 200CZK + cups
- youth women absolutely: 1st / 300 CZK, 2nd / 200 CZK, 3rd / 100CZK + cups
- 1st – 3rd position in each category: material prices + medals

**Raffle:** after Awards Cremony

### Categories 10 km:

- ABSOLUTELY (MEN / WOMEN)
- JUNIOR MEN 16–19 years (2002 – 2005)
- MEN „A“ 20–34 years (1987 – 2001)
- MEN „B“ 35–44 years (1977 – 1986)
- MEN „C“ 45–54 years (1967 – 1976)
- MEN „D“ 55–64 years (1957 – 1966)
- MEN „E“ 65–74 years (1947 – 1956)
- MUŽI „F“ from 75 years (1946 and older)
- JUNIOR WOMEN 16–19 years (2002 – 2005)
- WOMEN „A“ 20–34 years (1987 – 2001)
- WOMEN „B“ 35–44 years (1977 – 1986)
- WOMEN „C“ 45–54 years (1967 – 1976)
- WOMEN „D“ from 55 years (1966 and older)

### Categories 3 km:

- YOUTH MEN I to 13 years (2008 and younger)
- YOUTH WOMEN to 13 years (2008 and younger)
- YOUTH MEN 14–15 years (2006 – 2007)
- YOUTH WOMEN 14–15 years (2006 – 2007)