

Teplice rocks run 2025 - regulations

La Sportiva Cross 2025 and Bufo Cross 2025

32nd edition

August, 31st 2025

Teplice nad Metují, Czech republic

The race is organized within 42. International Mountaineering Film Festival Teplice nad Metují.

Organizer: Sport club REDPOINT TEAM, Horní 13, 549 57 Teplice nad Metují
phone: +420 491 581 042, e-mail: redpoint@seznam.cz

Race office: Teplice nad Metují – stadium TJ Slavoj

Application: on-line on www.sportchallenge.cz July, 1st - August, 27th for basic start fee, 28th-30th for about half higher start fee. Last moment application on August, 31st from 7.30 a.m. to 8.30 a.m. (Bufo Cross 10.00 a.m.) in the Race office for about twice higher start fee.

Charge: La Sportiva Cross 200 CZK (10 EUR), Bufo Cross 100 CZK (5 EUR). **This price is valid only when you will pay till August, 27th on bank account** (you will receive details by e-mail after login) **or till August, 28th - 30th cash in the shop Sportiv Redpoint Teplice nad Metují (300 CZK / 15 EUR or 150 CZK / 7,50 EUR)**. Last moment application by registration is 400 CZK / 20 EUR or 200 CZK / 10 EUR). **Youngest boys and girls have start FREE of charge!**

Start: Stadium TJ Slavoj - 9.00 a.m. La Sportiva Cross and 10.30 a.m. Bufo Cross

Chief of jury: Josef Havlíček

Showers: Stadion TJ Slavoj

Medical service: Červený kříž Teplice nad Metují

Race track: La Sportiva cross is 9 km long x-country round trough Teplice rocks with elevation 242 meters. First and last km is flat, but in the rocks are also some stairs and sandy sections, marked with arrows and colored streamers. Bufo Baby Cross is cross country race for young competitors around the stadium on the flat 400 meters long circuit (for youngest competitors 200 meters only).

Best time LA SPORTIVA CROSS:

men 33:05 / Jiří Borůvka (1996), women 38:23 / Barbora Jišová (2024)

Bonus: 1000 CZK for new best time LA SPORTIVA CROSS (men and women)

Protests: within 10 minuts after publication unofficial results with 500 CZK deposit.

Awards Cremony: 12.00 a.m.

- men absolutely: 1st / 3000 CZK, 2nd / 2000 CZK, 3rd / 1000CZK + cups
- women absolutely: 1st / 1500 CZK, 2nd /1000 CZK, 3rd / 500 CZK + cups
- men CLIMBERS absolutely: 1st – 3rd position material prices + winners of category cups
- women CLIMBERS absolutely: 1st – 3rd position material prices + winners of category cups
- age categories: 1st – 3rd position material prices + medals
- youngest boys and girls: all something
- oldest competitor: materiál price
- teams (La sportiva Cross): 1 st – 3 rd positon cups

Raffle: after Awards Cremony

Categories of LA SPORTIVA CROSS:

- ABSOLUTELY (MEN / WOMEN)
- CLIMBERS (MEN / WOMEN)
- JUNIOR MEN 16–19 years (2006 – 2009)
- MEN „A“ 20–34 years (1991 – 2005)
- MEN „B“ 35–44 years (1981 – 1990)
- MEN „C“ 45–54 years (1971 – 1980)
- MEN „D“ 55–64 years (1961 – 1970)
- MEN „E“ 65–74 years (1951 – 1960)
- MUŽI „F“ from 75 years (1950 and older)
- JUNIOR WOMEN 16–19 years (2006 – 2009)
- WOMEN „A“ 20–34 years (1991 – 2005)
- WOMEN „B“ 35–44 years (1981 – 1990)
- WOMEN „C“ 45–54 years (1971 – 1980)
- WOMEN „D“ from 55 years (1970 and older)

Categories of BUFO CROSS:

- YOUNGEST BOYS to 5 years (2020 and younger) start 11.00 - 200 m
- YOUNGEST GIRLS to 5 years (2020 and younger) start 11.00 – 200 m
- BOYS I 6–7 years (2018 – 2019) start 11.05 – 400 m
- GIRLS I 6–7 years (2018 – 2019) start 11.05 – 400 m
- BOYS I 8–9 years (2016 – 2017) start 11.10 – 900 m (400 m + 500 m)
- GIRLS I 8–9 years (2016 – 2017) start 11.10 – 900 m (400 m + 500 m)
- BOYS II 10–11 years (2014 – 2015) start 11.20 – 1300 m (2 x 400 m + 500 m)
- GIRLS II 10–11 years (2014 – 2015) start 11.20 – 1300 m (2 x 400 m + 500 m)
- BOYS III 12–13 years (2012 – 2013) start 11.30 – 1700 m (3 x 400 m + 500 m)
- GIRLS III 12–13 years (2012 – 2013) start 11.30 – 1700 m (3 x 400 m + 500 m)
- BOYS IV 14–15 years (2010 – 2011) start 11.40 – 2100 m (4 x 400 m + 500 m)
- GIRLS IV 14–15 years (2010 – 2011) start 11.40 – 2100 m (4 x 400 m + 500 m)

Team race on La sportiva cross:

Addition of three best times competitors with same team in application.