

Teplice rocks run 2024 - regulations

La Sportiva Cross 2024 and Bufo Cross 2024

31st edition

August, 25th 2024

Teplice nad Metují, Czech republic

The race is organized within 41. International mountaineering film festival Teplice nad Metují.

Organizer: Sport club REDPOINT TEAM, Horní 13, 549 57 Teplice nad Metují
phone: +420 491 581 042, e-mail: redpoint@seznam.cz

Race office: Teplice nad Metují – city park

Application: on-line on www.sportchallenge.cz to August, 21st for basic start fee, 22th-24th for about half higher start fee. Last moment application on August, 25th from 8.00 a.m. to 9.00 a.m. (Bufo Cross 10.30 a.m.) in the Race office for about twice higher start fee.

Charge: La Sportiva Cross 200 CZK (10 EUR), Bufo Cross 100 CZK (5 EUR). **This price is valid only when you will pay till August, 21st on bank account** (you will receive details by e-mail after login) **or till August, 22th - 24th cash in the sport shop Redpoint (300 CZK / 15 EUR or 150 CZK / 7,50 EUR)**. Last moment application by registration is 400 CZK / 20 EUR or 200 CZK / 10 EUR). **Youngest boys and girls have start FREE of charge!**

Start: City park - 9.30 a.m. La Sportiva Cross and 11.00 a.m. Bufo Cross

Chief of jury: Josef Havlíček

Showers: Sport centre (behind the school)

Medical service: Červený kříž Teplice nad Metují

Race track: La Sportiva cross is 10 km long x-country round trough Teplice rocks with first and last km on asphalt road. In the rocks are also some stairs and sandy sections, marked with colored streamers. Bufo Baby Cross is circuit race for young competitors only in Teplice City park on 300 m and 1100 m long circuit.

Best time LA SPORTIVA CROSS:

men 37:51 / Ondřej Volák (2022), women 45:07 / Táňa Metelková (2022)

Bonus: 1000 CZK for new best time LA SPORTIVA CROSS (men and women)

Protests: within 10 minuts after publication unofficial results with 500 CZK deposit.

Awards Ceremony: 12.00 a.m.

- men absolutely: 1st / 3000 CZK, 2nd / 2000 CZK, 3rd / 1000CZK + cups
- women absolutely: 1st / 1500 CZK, 2nd /1000 CZK, 3rd / 500 CZK + cups
- men CLIMBERS absolutely: 1st – 3rd position material prices + cups
- women CLIMBERS absolutely: 1st – 3rd position material prices + cups
- 1st – 3rd position in each category: material prices + medals
- youngest boys and girls: all something

Raffle: after Awards Ceremony

Categories of LA SPORTIVA CROSS:

- ABSOLUTELY (MEN / WOMEN)
- CLIMBERS (MEN / WOMEN)
- JUNIOR MEN till 19 years (2005 and younger)
- MEN „A“ 20–34 years (1990 – 2004)
- MEN „B“ 35–44 years (1980 – 1989)
- MEN „C“ 45–54 years (1970 – 1979)
- MEN „D“ 55–64 years (1960 – 1969)
- MEN „E“ 65–74 years (1950 – 1959)
- MUŽI „F“ from 75 years (1949 and older)
- JUNIOR WOMEN till 19 years (2005 and younger)
- WOMEN „A“ 20–34 years (1990 – 2004)
- WOMEN „B“ 35–44 years (1980 – 1989)
- WOMEN „C“ 45–54 years (1970 – 1979)
- WOMEN „D“ from 55 years (1969 and older)

Categories of BUFO CROSS:

- YOUNGEST BOYS to 5 years (2019 and younger) start 11.00 - 150 m
- YOUNGEST GIRLS to 5 years (2019 and younger) start 11.00 - 150 m
- BOYS I 6–7 years (2017 – 2018) start 11.05 – 300 m
- GIRLS I 6–7 years (2017 – 2018) start 11.05 – 300 m
- BOYS I 8–9 years (2015 – 2016) start 11.10 – 2 x 300 m
- GIRLS I 8–9 years (2015 – 2016) start 11.10 – 2 x 300 m
- BOYS II 10–11 years (2013 – 2014) start 11.20 – 3 x 300 m
- GIRLS II 10–11 years (2013 – 2014) start 11.20 – 3 x 300 m
- BOYS III 12–13 years (2011 – 2012) start 11.30 – 1100 m
- GIRLS III 12–13 years (2011 – 2012) start 11.30 – 1100 m
- BOYS IV 14–15 years (2009 – 2010) start 11.40 – 2 x 1100 m
- GIRLS IV 14–15 years (2009 – 2010) start 11.40 – 2 x 1100 m