

Teplíce rocks run 2023 - regulations

La Sportiva Cross 2023 and Bufo Baby Cross 2023

30th edition

August, 27th 2023

Teplíce nad Metují, Czech republic

The race is organized within 40. International mountaineering film festival Teplíce nad Metují.

Organizer: Sport club REDPOINT TEAM, Horní 13, 549 57 Teplíce nad Metují
phone: +420 491 581 042, e-mail: redpoint@seznam.cz

Race office: Teplíce nad Metují – city park

Application: to August, 23th on-line on www.sportchallenge.cz for basic start fee, last moment application for higher start fee on August, 27th only from 8.00 a.m. to 9.00 a.m. (Bufo Baby Cross 10.30 a.m.) in the Race office.

Charge: La Sportiva Cross 200 CZK (8 EUR), Bufo Baby Cross 50 CZK (2 EUR). **This price is valid only when you will pay till August, 23th on bank account** (you will receive details by e-mail after login) **or till August, 24th - 27th cash in the sport shop Redpoint + 50 CZK (2 EUR).** Last moment application by registration is about 100 CZK (4 EUR) more. **Youngest boys and girls have start FREE of charge!**

Start: City park - 9.30 a.m. La Sportiva Cross and 11.00 a.m. Bufo Baby Cross

Chief of jury: Josef Havlíček

Showers: Sport centre (behind the school)

Medical service: Červený kříž Teplíce nad Metují

Race track: La Sportiva cross is 10 km long x-country round trough Teplíce rocks with first and last km on asphalt road. In the rocks are also some stairs and sandy sections, marked with colored streamers. Bufo Baby Cross is circuit race for young competitors only in Teplíce City park on 300 m and 1100 m long circuit.

Best time LA SPORTIVA CROSS:

men 37:51 / Ondřej Volák (2022), women 45:07 / Táňa Metelková (2022)

Bonus: 1000 CZK for new best time LA SPORTIVA CROSS (men and women)

Protests: within 10 minutes after publication unofficial results with 500 CZK deposit.

Awards Ceremony: 12.00 a.m.

- men absolutely: 1st / 1500 CZK, 2nd / 1000 CZK, 3rd / 500CZK + cups
- women absolutely: 1st / 1500 CZK, 2nd / 1000 CZK, 3rd / 500 CZK + cups
- men CLIMBERS absolutely: 1st – 3rd position material prices + cups
- women CLIMBERS absolutely: 1st – 3rd position material prices + cups
- 1st – 3rd position in each category: material prices + medals
- youngest boys and girls: all something

Raffle: after Awards Ceremony

Categories of LA SPORTIVA CROSS:

- ABSOLUTELY (MEN / WOMEN)
- CLIMBERS (MEN / WOMEN)
- JUNIOR MEN till 19 years (2004 and younger)
- MEN „A“ 20–34 years (1989 – 2003)
- MEN „B“ 35–44 years (1979 – 1988)
- MEN „C“ 45–54 years (1969 – 1978)
- MEN „D“ 55–64 years (1959 – 1968)
- MEN „E“ 65–74 years (1949 – 1958)
- MUŽI „F“ from 75 years (1948 and older)
- JUNIOR WOMEN till 19 years (2004 and younger)
- WOMEN „A“ 20–34 years (1989 – 2003)
- WOMEN „B“ 35–44 years (1979 – 1988)
- WOMEN „C“ 45–54 years (1969 – 1978)
- WOMEN „D“ from 55 years (1968 and older)

Categories of BUFO BABY CROSS:

- YOUNGEST BOYS to 5 years (2018 and younger) start 11.00 - 150 m
- YOUNGEST GIRLS to 5 years (2018 and younger) start 11.00 - 150 m
- BOYS I 6–7 years (2016 – 2017) start 11.05 – 300 m
- GIRLS I 6–7 years (2016 – 2017) start 11.05 – 300 m
- BOYS I 8–9 years (2014 – 2015) start 11.10 – 2 x 300 m
- GIRLS I 8–9 years (2014 – 2015) start 11.10 – 2 x 300 m
- BOYS II 10–11 years (2012 – 2013) start 11.20 – 3 x 300 m
- GIRLS II 10–11 years (2012 – 2013) start 11.20 – 3 x 300 m
- BOYS III 12–13 years (2010 – 2011) start 11.30 – 1100 m
- GIRLS III 12–13 years (2010 – 2011) start 11.30 – 1100 m
- BOYS IV 14–15 years (2008 – 2009) start 11.40 – 2 x 1100 m
- GIRLS IV 14–15 years (2008 – 2009) start 11.40 – 2 x 1100 m